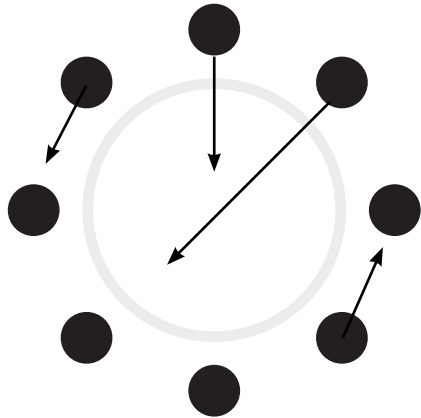


Journey Of The Unknown

01 Find a partner

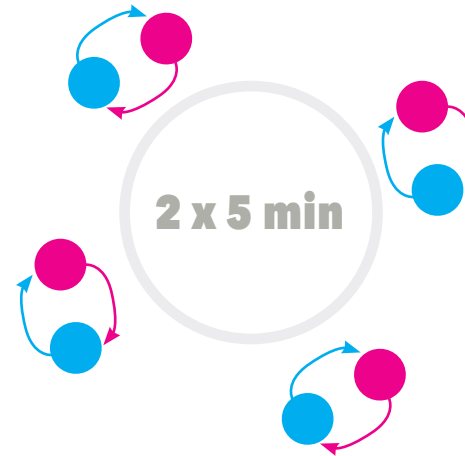


Sit in a circle – if possible. Find a partner. Decide who will start with his/her story and who will be the listener (interviewer). Usually the one with the shorter hair or smaller feet starts.

The facilitator of the story circle will give you the starting signal.

After 3 min. he /she will give you another signal to change roles.

02 Tell your story



Ask your partner three questions (see next page). Don't interrupt and listen carefully. What is important to him/her? What emotions show up? What resonates with you?

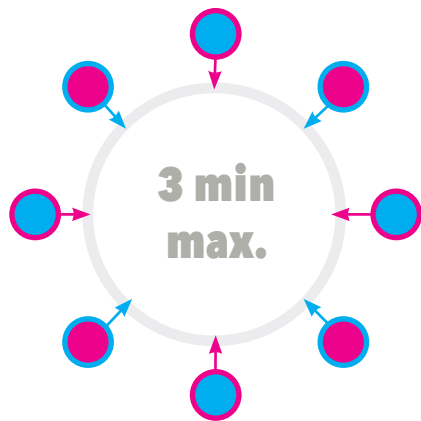
When you get the facilitator's signal after 3 min. change roles. Now you're telling your story and your partner is asking questions and listening to your story.

Question 1: Close your eyes and think about your personal favorite place outside in nature. Have you found one? Please tell me more about it. What kind of place is it? Tell me about your experiences with and in this place? Why is it so important and special to you?

Question 2: Now let's travel 20 years into the future - with your favorite place. Close your eyes again for a moment ... and here we are ... in the year 2042. Open your eyes and describe what the place looks like. What do you see, what do you hear and what do you smell? Who is there, who's not? What has happened?

Question 3: Let's come back – to 2022. If you could give yourself advice from the future – speak to the present You – given what you know about the state of your favorite place in the future and what you know about the world today, what advice would you give yourself?? Is there anything you feel compelled to do now in the present, in order to change the future of your place?

03 Share your partner's story



Now tell your partner's story from your own first-person perspective („I saw ..., I did ...) - exactly as though you had experienced it yourself. Above all, please tell the story with emotion. Incorporate the range of emotions you perceived in your partner and the ones that you felt yourself. There is no right or wrong way to do it.

After the storytelling session, share observations and feedback among yourselves. How was it to hear your „own“ story told by someone else?



Journey Of The Unknown

Additional Harvesting (optional)

After the storytelling and feedback round, everyone can grab a Post-It and give their own story a meaningful and memorable title. Blockbuster and romance movie titles are particularly well-suited. The Post-It with the title can now be pasted on a world map in the chosen favorite place. If space is too tight, the Post-Its can be taped to the edge of the map and connected to the favorite place with a string and pin. Voilà: This is your value map of important places.



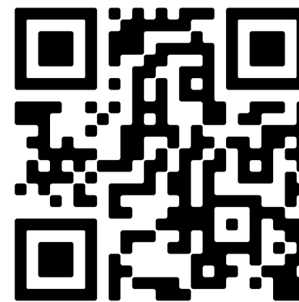
Why This Journey

This journey was designed to give people of all ages and backgrounds a glimpse into the future and thereby make sustainable action more tangible and palpable.

The narrative method behind the guided journey brings experiences, values, fears, hopes and insights to the surface. It helps us look at our own actions/non-actions from a new value perspective. The very fact that our „own“ story is for once told by someone else deepens our understanding of ourselves and others.

The method can also be adapted for other topics and is suitable to bring different perspectives into the room on an equal footing and to nurture diversity.

Video: More Insights From The Creators



Contact:

drahtzieher.verschwoerung@gmail.com

Website:

<https://www.die-verschwoerung.org/>

Material

- Interview Cards (mandatory)
- Post-Its / needles (optional)
- World Map or poster (optional)



Journey Of The Unknown © 2022 by Patrick Kappeler & Petra Sammer is licensed under [Attribution-NonCommercial-ShareAlike 4.0 International](https://creativecommons.org/licenses/by-nc-sa/4.0/)

Die Verschwoerung [für das Gute]